SIGN-IN-SHEET
Proposer Meeting

Pre-Proposal Conference for Voluntary Dental &
Supplemental Insurance and Flexible Spending Account Administration
Monday, September 14, 2015 – City of Houston Learning & Development Center

Name	Company Name or City Department	Email	Phone	Proposal Submission For:		
				Dental	Supplemental Insurance	Flexible Spending Account
Shannon Pleasant	COH Finance – SPD	shannon.pleasant@houstontx.gov	832-393-8741			
Regina Spencer	COH Finance – SPD	regina.spencer@houstontx.gov	832-393-8707			
Tiffany Braggs	COH - Strategic Benefits Wellness	tiffany.braggs@houstontx.gov	832-393-6121			
Donna Mitchell	COH - HR Benefits	Donna.Mitchell@houstontx.gov	832-393-6122			
Jocelyn Wright	COH - Health	jocelyn.wright@houstontx.gov	832-393-6121			
Evelyn Williams	COH - HR Benefits	Evelyn.williams@houstontx.gov	832-393-6119			
Donald Black	COH/ORS	donald.black@houstontx.gov	832.393.0627			
Thomas J. (TJ) Nash	" "	thomas.nash@houstontx.gov	(832) 393-0629			
Dennis Ellis	UnitedHealthcare	dennis-ellis@uhc.com	214-783-9250			
Lenora Sorola Pohlman	Navarro IG	LENORA@NAVARROIG.COM	713-628-2500			

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				Dental	Supplemental Insurance	Flexible Spending Account
CAROLYN ALEXANDER	W.J Alexander + Assoc	cwa@wjalexander.com	713-802-0900			
John Riddick	ASIFLEX	JRIDDICK @ ASIFLEX.COM	800 659 3035			
Paula Mcham	Cigna	paula.mcham@cigna	713.576.4408	✓		
Rick Tisch	Humana	rtisch@humana.com	713-513-3937	✓	✓	
Jerry Mendoza	Delta Dental	JMendoza@Delta.org	281-293-8855			
Marie Diaz	PUE HR	Marie@PUEHR.com	214 452-7881			
Eunice Dye	Aetna	dyee2@Aetna.com	713 295 0243	✓	✓	
Naveen Thowfeek	WJ Alexander	nthowfeek@wjalexander.m	713.802 0900			
DARIN REESER	ALLSTATE BENEFITS	PREEJ @ ALLSTATE.COM	281. 460.5855		✓	
Felipe Barganier	Colonial	felipebarganier@gmail.com				

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				Dental	Supplemental Insurance	Flexible Spending Account
MARK GALVAN	PURSUIT OF EXCELLENCE	MARKG@POEHR.COM	703.801.2522			X
Debra Schmidt	AFLAC	debra_schmidt@	281.440 1133		X	
Yvonne Salvatierra	COH-Legal	US AFLAC.COM	X108 X 6330			
Gerri R. Walker	Colt					
Vincent Johnson	Platinum IPA	vjohnson@platinumipa.com	(832)868-1369	X		
Demetrius Navarro	Colt	Demetrius@Navarroig.com	712 8285499	X	X	
SHARON HAIRSTON KING	Hairston + ASSOC	sharon@hairstonassociates.com	713-281-2570352	✓	✓	✓

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				Dental	Supplemental Insurance	Flexible Spending Account
Felicia George	Washington National	felicia.george@pmagent.net	713-298-2851		✓	✓
Brad Stavinoha	MetLife	bstavinoha@metlife.com	713 504-4456	✓	✓	
Mike Stewart	Hartford	michael.stewart1@thehartford.com	713 705 5474			
Tobin Hawkins	Cigna	tobin.hawkins@cigna.com	832 656 0684	✓		
DEBRA A. CARTER	Cigna	debra.carter@cigna.com	832-455-1510	✓		
Lucy-jane Baxley	Pursuit of Excellence	ljbaxley@pacehr.com	214 683 8558			✓
Ralph Coatsworth	United Concordia	ralph.coatsworth@ucci.com	832-876-0297	✓		
Doug Rosenthal	WageWorks	doug.rosenthal@wageworks.com	262-292-2145			✓
Lan Nguyen	COH - legal Dept.	lan.nguyen@houstontx.gov	(832) 393-6386			

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Wayne Parker	Aetna	Parker AW@ Aetna.com	281-637-5024	✓	✓	✓
ROGER LAPHAM	Colonial	NANCY-rogerelaphamcolonial.com	713-774-6110		✓	✓
Misael Obregon	COH - HR Benefits	misael.obregon@houstontx.gov	832-393-6041			
Shelley Kennedy	UHC	SKennedy@uhc.com	713-822-7688 ✓		✓	